

OBSERVANT JEWISH PATIENT

**Meeting the Special Needs of
Our Observant Jewish Patients**



**Monmouth
Medical Center**

RWJBarnabas
HEALTH

Monmouth Medical Center has a variety of services and facilities available to meet the needs of patients and visitors from the observant Jewish community. We will make every effort to ensure that your stay at Monmouth is a comfortable, meaningful and positive one.

Racheli's Room: (לע"נ רחל סופר ע"ה)

Main Pantry

Racheli's Room, Monmouth Medical Center's Kosher Nourishment Center, is an inviting space to relax away from the hospital environment. It is stocked with snacks, coffee, sandwiches, a microwave oven and hot food on Shabbos. There is an assortment of prayer books, reading material and religious articles. Located in Room 304A in the Stanley Wing, to the rear of the Cardiac Catheterization waiting room, the Kosher Nourishment Center is dedicated in memory of Rachel Sofer A"H. Use lock combination bet-aleph-hay.

Kosher Pantries

- ❖ For Mother/Baby patients, a kosher nourishment area containing a refrigerator and microwave oven is available on Todd-5 and Todd-6 (post-partum) and on Todd-3 (Labor & Delivery).
- ❖ For pediatric patients and their families, there is a refrigerator stocked with kosher foods and a microwave in the regular pantry.
- ❖ For kosher food or special accommodations, contact Leeba Friedman, Monmouth Medical Center's Jewish liaison, at ext. 37512, or by pager 732.461.0320, or contact the Department of Patient Satisfaction at ext. 36695.

Sabbath Candles

Because of fire regulations, candles are not permitted in the hospital. Electric candles are available by contacting Leeba Friedman at ext. 37512 or the Patient Satisfaction Department at ext. 36695. After hours, inquire at the Information Desk in the main lobby. Candles are available in Racheli's Room – Stanley 304.

Orthodox Synagogues and Kollelim Near Monmouth Medical Center

- ❖ Yeshivishe Minyan (Ashkenaz): 725 Hoey Avenue, Long Branch, 732.222.0013. Make a right onto Second Avenue, walk to the end and make a right on Cedar Avenue. Cross over the railroad tracks and continue one block to Hoey Avenue. Make a left and proceed two blocks to the corner of Hoey and Cottage Avenue (walking distance from Monmouth Medical Center).
 - ◆ Friday night- Mincha and Maariv at candle lighting (winter).
 - ◆ In the summer, Mincha and Maariv: 1) 7 p.m. at Shoner's Shul; 2) at Candle-lighting time – at Cohen (736 Shrewsbury Avenue, continue on Cedar Avenue. Make left onto Shrewsbury Avenue, second house off corner is Cohen).
 - ◆ Shabbos Day: Shacharis at 9 a.m.
 - ◆ Shabbos Day: Mincha- one hour before Shekiah (7 p.m. in summer)
 - ◆ Maariv- one hour after Hadlakas Neiros
- ❖ Sephardic Torah Center Kollel: Located at 213 Lenox Avenue, Long Branch, 732.229.7155.
 - ◆ Shacharis (weekdays)- 7 a.m.
- ❖ Kollel Congregation Shaare Ezra (Sephardic): Located at 36 Cedar Avenue, Elberon, 732.571.4382 (walking distance from Monmouth Medical Center).
- ❖ Congregation Brothers of Israel (Modern Orthodox): Located at 250 Park Avenue, Oakhurst, 732.222.6666.
- ❖ Congregation Ohel Simcha (Sephardic): Located at 295 Park Avenue, Oakhurst, 732.571.2711.
 - ◆ Shacharis (weekdays)- 6, 7 and 8 a.m.
- ❖ Chabad of the Shore Area, 620 Ocean Avenue, 732-229-2424
- ❖ Congregation Brothers of Israel, 752 Ocean Avenue, Unit 4
 - ◆ Shabbos only Shacharis 9 a.m.

Seforim Prayer Books

A collection of prayer books is available in the Kosher Nourishment Center located in S304A (lock combination bet-aleph-hay) and in the inpatient kosher pantries.

Area Restaurants and Kosher Grocery Stores

- ❖ Stop and Shop of West End: Glatt kosher take-out delicatessen and large selection of kosher products available.
150 West End Court, Long Branch, 732.229.9411
- ❖ Chang Mao Sakura: Glatt Kosher Chinese and Japanese restaurant. 214 Roosevelt Avenue, Oakhurst, 732.517.8889
- ❖ Sarah's Tent (Gourmet groceries): 100 Norwood Avenue, Deal, 732.531.5560
- ❖ Slices Pizza: 250 Norwood Avenue, Deal, 732.531.6811
- ❖ Dougies Grill, 256 Norwood Avenue, Deal, 732.517.0300 (Will deliver to MMC.)
- ❖ Boardwalk Café/Pizzeria: 200 Monmouth Road, West Long Branch, 732.508.9558
- ❖ Chocolate Soda: 290 Norwood Avenue, Ocean, 732.531.5460
- ❖ 656 Ocean – An American Bistro: 656 Ocean Avenue, Long Branch, 732.728.9656
- ❖ Shalom Foods, 104 Norwood Avenue, Deal, 732.531.5837
- ❖ Nahum Bakery, 268 Norwood Avenue, Deal, 732.531.2911
- ❖ Kings Highway Glatt, 250 Norwood Avenue, Oakhurst
- ❖ M&A Meats, 198 Monmouth Road, Oakhurst, 732.531.2100

Entering and Exiting the Hospital on the Sabbath

- ❖ On the Sabbath and holidays, patients and visitors can enter Monmouth Medical Center through the manual door in the main lobby. A Sabbath stairwell is located next to the escalators in the main lobby for access to upper-level patient care areas.
- ❖ To enter the Labor and Delivery Unit, exit the Sabbath stairwell on the third floor, proceed to Labor and Delivery, and wait for entry. To exit Labor and Delivery, ask the nurse to unlock the electronic door. Proceed past the elevators to the Sabbath stairwell.
- ❖ To enter the Mother/Baby unit, take the Sabbath stairwell to the fifth floor, knock on the door and wait for a Security Guard to announce that you may enter. Do not push on the door; that will activate the alarm. To exit the Mother/Baby unit, ask Security to unlock the door to the Sabbath stairwell.

ID Bands (Shabbat)

In order to ensure patient safety and security, and to respect the laws of the Orthodox Jewish religion, the following process has been put in place for fathers to leave Monmouth Medical Center during the Sabbath without their Identification band:

- ❖ The father will exit via the Sabbath stairwell and stop at the Security desk either in the main lobby or the Emergency Department and inform the Security guard that he needs to leave the building and provide his name and ID bracelet. The father's name will be placed on a log that will be secured in a locked box along with the ID bracelet.
- ❖ Upon returning to the hospital and Mother/Baby Unit, the father should return to the same Security Desk. (Note: Fathers who leave through the Main Lobby must return before the Main Entrance doors are locked at midnight.) The father will inform the security guard that he wants to return to the Mother/Baby unit and needs to retrieve his ID band and will be required to provide his name, his wife's name and his wife's date of birth. The father should ask the Security officer to notify the fifth floor that he is on his way up.

Bais Leah Hachnosas Orchim

(Sleeping Accommodations)

- ❖ Available 24 hours a day, seven days a week
- ❖ Located at 387 Second Avenue. Directions from the Main Entrance, turn right onto Second Avenue. Cross Bath Avenue and South Bath Avenue. Second house on the left.
- ❖ The combination to Bais Leah is gimmel-ches-zayin-y.

To reserve a room, call 732.870.2595.

Holidays

- ❖ To arrange for Shofar during Rosh Hashana, please call Leeba Friedman at ext. 37512 or page her at 732.461.0320.
- ❖ For Megila reading during Purim, call Leeba Friedman at ext. 37512 or Rabbi M. Nahem at 732.870.6476.
- ❖ A Sukkah is available during Sukkos next to the parking garage.

Rabbi Jacobowitz's house: 729 Bowyer Avenue, Long Branch. Make a right on to Second Avenue, walk to the end and make a right on Cedar Avenue. Cross over the railroad tracks, continue to Bowyer, make a left. Proceed to the first house on the left.

Synagogue/Bais Medrash Bais Raizel is located on the ground floor of the hospital's Alexander Pavilion in room 029A.

From the third floor kosher pantry (S304), make a right past the Stanley elevators to the stairway. Go down to the ground level of the hospital. Make a left out of the stairway, and continue straight through double doors and make the first right. Continue down the hallway until the end, and make a right. Keep going down the hallway until the end, and make a left. The Bais Medrash is located straight ahead. Services are offered on Friday night at candle lighting and Shabbos morning at 8:30. Use lock combination bet-aleph-hay.

Patient Satisfaction Department

Monmouth Medical Center

300 Second Avenue ♦ Long Branch, New Jersey 07740
732.923.6695

For additional information, call the numbers below:

Food Services: 732.923.5000, ext. 31759

Jewish Patient Liaison: 732.923.7512

Patient Information: 732.923.7800

Security: 732.923.7777

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